

2025/26 YEAR-ROUND PROGRAM

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JR DIVISION (C)		4:00 - 5:00p Ballet Technique					
JR DIVISION (B)		4:00 - 5:00p Stretch 5:00 - 6:00p Ballet Technique	4:00 - 5:00p Ballet Technique				
JR DIVISION (A)				4:00 - 5:30p Ballet Technique 5:30 - 6:30p Stretch	4:30 - 6:00p Ballet Technique 6:30 - 7:30p Contemporary	9:30- 11:00a Ballet Technique 11:15a - 12:15p Variations	
JR DIVISION BOYS	5:00 - 6:30p Ballet Technique	5:15 - 6:45p Ballet Technique	5:15 - 6:45p Ballet Technique		5:00 - 6:30p Ballet Technique 6:30 - 7:30p Contemporary		
PRE-PRO. DIVISION (EXCEL)		4:00 - 6:00p Ballet Technique 6:15 - 7:15p Variations	5:00 - 7:00p Ballet Technique	5:00 - 7:00p Ballet Technique 7:00 - 8:00p Contemporary	4:00 - 6:00p Ballet Technique 6:15 - 7:15p Pointe/Variations		10:00 - 12:00p Ballet Technique 1:00 - 2:00p Character
PRE-PRO. DIVISION (B)		6:00 - 7:30p Ballet Technique	5:00 - 6:30p Ballet Technique 6:30 - 7:30p Character	4:15 - 5:15p Contemporary 5:30 - 7:00p Ballet Technique 7:00 - 7:30p Pointe	6:00 - 7:30p Ballet Technique		10:00 - 11:30a Ballet Technique 11:30a - 12:00p Pointe 1:00 - 2:00p Variations
PRE-PRO. DIVISION (A)		4:00 - 6:00p Ballet Technique	4:00 - 6:00p Ballet Technique	5:00 - 6:30p Ballet Technique 7:00 - 8:00p Contemporary	4:00 - 6:00p Ballet Technique	11:30a - 1:00p Ballet Technique 1:00 - 1:30p Pointe	10:00a - 11:30p Ballet Technique 1:00 - 2:00p Character
PRO. DIVISION WOMEN (B)		2:00 - 4:00p Ballet Technique 4:15 - 5:15p Character	2:00 - 4:00p Ballet Technique 4:15 - 5:15p Partnering	2:00 - 4:00p Ballet Technique 4:00 - 5:00p Pointe/Variations	2:00 - 4:00p Ballet Technique 4:00 - 4:30p Pointe	9:30 - 11:30a Ballet Technique 12:45 - 1:45p Contemporary	10:00 - 11:30a Ballet Technique 12:15 - 1:15p Contemporary
PRO. DIVISION WOMEN (A)		2:00 - 4:00p Ballet Technique 4:15 - 5:15p Character	2:00 - 4:00p Ballet Technique 4:00 - 5:00p Pointe/Variations	2:00 - 4:00p Ballet Technique 4:00 - 5:00p Pointe/Variations	2:00 - 4:00p Ballet Technique 4:00 - 5:00p Partnering	10:00a - 12:00p Ballet Technique 12:45 - 1:45p Contemporary	10:00 - 11:30a Ballet Technique 12:15 - 1:15p Contemporary
PRO. DIVISION MEN	3:00 - 5:00p Ballet Technique	2:00 - 4:00p Ballet Technique 4:15 - 5:15p Character	2:00 - 4:00p Ballet Technique 4:15 - 5:15p Partnering		2:00 - 4:00p Ballet Technique 4:00 - 5:00p Partnering	10:00a - 12:00p Ballet Technique 12:45 - 1:45p Contemporary	10:00 - 11:30a Ballet Technique 12:15 - 1:15p Contemporary