

# 2026/27 YEAR-ROUND PROGRAM

## CLASS SCHEDULE

|                        | MONDAY | TUESDAY                                                                                                                          | WEDNESDAY                                                                                                                                                  | THURSDAY                                                                                                                         | FRIDAY                                                                                                                           | SATURDAY                                                               | SUNDAY                                                        |
|------------------------|--------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------|
| PRE-BALLET             |        |                                                                                                                                  |                                                                                                                                                            |                                                                                                                                  |                                                                                                                                  | 9:00 - 9:45a Ballet Technique                                          |                                                               |
| JR DIVISION 1          |        | 4:00 - 4:45p Ballet Technique<br>4:45 - 5:30p Stretch                                                                            |                                                                                                                                                            |                                                                                                                                  |                                                                                                                                  |                                                                        |                                                               |
| JR DIVISION 2          |        | 4:00 - 4:45p Stretch<br>4:45 - 5:30p Ballet Technique                                                                            | 4:00 - 5:00p Ballet Technique<br>5:00 - 5:30p Creative Dance                                                                                               |                                                                                                                                  |                                                                                                                                  |                                                                        |                                                               |
| JR DIVISION 3          |        |                                                                                                                                  |                                                                                                                                                            | 4:00 - 5:30p Ballet Technique<br>6:00 - 7:00p Stretch                                                                            | 4:30 - 6:00p Ballet Technique<br>6:15 - 7:15p Contemporary                                                                       | 9:45- 11:15a Ballet Technique<br>11:15a - 12:15p Variations            |                                                               |
| PRE-PRO. DIVISION 1    |        | 5:30 - 7:30p Ballet Technique                                                                                                    | 5:30 - 7:30p Ballet Technique<br>7:30 - 8:00p Pointe                                                                                                       | 5:30 - 7:00p Ballet Technique<br>7:00 - 8:00p Contemporary                                                                       | 6:00 - 7:30p Ballet Technique<br>7:30 - 8:00p Pointe                                                                             |                                                                        | 10:00 - 11:30a Ballet Technique<br>12:00 - 1:00p Variations   |
| PRE-PRO. DIVISION 2    |        | 4:00 - 6:00p Ballet Technique<br>6:00 - 7:00p Pointe / Variations<br>7:00 - 8:00p Contemporary                                   | 4:15 - 6:15p Ballet Technique<br>6:15 - 7:15p Character                                                                                                    | 4:15p - 6:15p Ballet Technique<br>6:15 - 7:15p Pointe / Variations                                                               | 4:15 - 6:15p Ballet Technique                                                                                                    |                                                                        | 10:00 - 12:00p Ballet Technique                               |
| PRE-PRO. DIVISION 3    |        | 4:00 - 6:00p Ballet Technique<br>6:00 - 7:00p Pointe / Variations<br>7:00 - 8:00p Contemporary                                   | 5:00 - 7:00p Ballet Technique<br>7:00 - 7:30p Pointe                                                                                                       | 4:15 - 6:15p Ballet Technique                                                                                                    | 5:00 - 6:30p Ballet Technique<br>6:30 - 7:00p Pointe                                                                             | 10:00 - 11:30a Ballet Technique<br>11:30a - 12:30a Pointe / Variations | 10:00a - 11:30a Ballet Technique<br>12:00 - 1:00p Character   |
| EXCEL                  |        | 11:45 - 1:15p Ballet Technique<br>1:15 - 2:00p Pointe / Variations<br>3:00 - 4:00p Contemporary<br>4:00 - 6:00p Ballet Technique | 11:00 - 1:00p Ballet Technique<br>1:00 - 1:45p Pointe / Variations<br>3:00 - 4:00p Neoclassical<br>4:15 - 6:15p Ballet Technique<br>6:15 - 7:15p Character | 11:00 - 1:00p Ballet Technique<br>1:00 - 1:45p Pointe / Variations<br>3:00 - 4:00p Conditioning<br>4:15 - 6:15p Ballet Technique | 11:00 - 1:00p Ballet Technique<br>1:00 - 1:45p Pointe / Variations<br>3:00 - 4:00p Conditioning<br>4:15 - 6:15p Ballet Technique | 10:00a - 12:00p Ballet Technique                                       | 10:00a - 12:00p Ballet Technique                              |
| BOYS' / MEN'S DIVISION |        | 5:30 - 7:00p Ballet Technique<br>7:00 - 8:00 Contemporary (Men)                                                                  | 4:30 - 6:00p Ballet Technique<br>6:15 - 7:15p Character (Men)                                                                                              | 5:00 - 6:00 Ballet Technique<br>6:15 - 7:00 Additional Technique                                                                 | 4:30 - 6:00p Ballet Technique<br>6:15 - 7:15p Contemporary (Boys)                                                                | 10:00a - 12:00p Ballet Technique                                       | 10:00 - 11:30a Ballet Technique                               |
| PRO. DIVISION WOMEN    |        | 2:00 - 4:00p Ballet Technique<br>4:15 - 5:15p Character<br>5:30 - 6:30p Contemporary                                             | 2:00 - 4:00p Ballet Technique<br>4:00 - 5:00p Pointe/Variations                                                                                            | 2:00 - 4:00p Ballet Technique<br>4:00 - 5:00p Neoclassical                                                                       | 2:00 - 4:00p Ballet Technique<br>4:00 - 5:00p Pointe / Variations                                                                | 10:00a - 12:00p Ballet Technique                                       | 10:00 - 11:30a Ballet Technique<br>12:00 - 1:00p Contemporary |